

HUMAN RIGHTS

DIGITAL WELL-BEING -
a concern for the quality of life

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Józefów 2023

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Polish ISBN: 978-83-970303-0-5
Hungarian ISBN: 78-963-9559-72-1
DOI: 10.13166/HR/WJDB5743

Publisher:

Wyzsza Szkoła Gospodarki Euroregionalnej
im. Alcide De Gasperi w Józefowie
and
Milton Friedman University, Hungary

Design, typesetting:
Grzegorz Wójcicki



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W S G E · E D U · P L

INTRODUCTION

The monograph titled “DIGITAL WELL-BEING - a concern for the quality of life” is the result of a scientific debate held during a conference of the same title that took place on June 9, 2023 at the University of Aldo Moro in Bari. The authors attempt to determine the position of humans in a digitized world and the extent to which their rights remain the same as in the real world, as well as how digital technologies will change people’s lives. In today’s dynamic world, dominated by technological advancements and increasing digitization, it becomes inevitable to immerse oneself in a subject that combines the fields of law, ethics, and technological innovation. This monograph provides an in-depth look at the challenges, dilemmas, and opportunities brought about by the modern digital era. By focusing on various aspects, from privacy protection to the use of artificial intelligence, from the right to education to ethical issues related to internet usage, this book is a collection of deeply rooted analyses prepared by experts from various fields. The digitization of most (if not all) spheres of human life, from education, legislation, and judiciary to entrepreneurship and private life, will irreversibly change the realization of human rights guaranteed by international and domestic law.

Digital well-being involves creating and maintaining a healthy approach to technology. It is an emphasis on development and reaping the benefits rather than just usage, which can be distracting and hinder the achievement of goals. More mindful use of technology will allow for enjoying all the associated benefits: increased focus and engagement, establishing and maintaining connections with the people around us.

Starting from reflections on fundamental social values such as freedom of information, personal data protection, and the right to access the internet, the monograph discusses those rights that undergo evolution as a result of digitization and will have disproportionate impact on future law and society. It also examines how technological innovations affect education, both in the context of local social consultations and in relation to remote learning. Each chapter of this monograph contributes to understanding the growing complexity of the relationship between law and technology, showing that technological progress requires simultaneous development of appropriate legal and ethical frameworks.

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